

BOLTON SENIORS

P.O. Box 424 / 12 Cross Street, Bolton Landing, NY 12814
(518) 644-3340 – Meetings: 1st Wednesday, 10:15 am
DECEMBER, 2018 Newsletter – Volume 13, Issue 2

President- Beverly Cabibbo, 644-9424, (C) 908-347-0369, cabib5@gmail.com
Vice Pres.- John Consaga, 240-6000, (C) 518-378-7262, jpconsaga@aol.com
Secretary- Rita Whitney, 644-9545, (C) 518-338-6858, rrwhit@gmail.com
Treasurer- Pat Van Valkenburgh, 644-2327, alpavv@verizon.net
Trustees- Jasper Zarcone, 3 years: Al Franz, 2 yrs.: Anne Marie Bell 1 yr.

***** Michigan Rummy every Thur @ 11:30 & Mahjongg every Fri @ 11:30 ! *****
*** (Due to the Holidays ...no Mich. Rummy on 12/20 & 12/ 27 & no Mahjongg on 12/21 & 12/ 28)**

******LaBlast @ Town Hall every Sat. @ 9-10 am. . Cost \$5.******

DECEMBER

Michigan Rummy will be on the 6th & 13th. Mahjongg on the 7th & 14th.

2nd- (Sun)- Christmas-Holiday Party @ 2pm. Location : The Caldwell House – 2 mi. south of LG. Cost is \$ 22. Menu: # 1 Prime Rib, #2 Chicken Piccata , #3 Chic Parm, #4 Broiled Salmon (caper cream sauce), # 5 Shrimp Scampi, #6 Pasta Primavera (vege).

#1 & 4 with starch & veg.; # 2,3 & 5 with pasta. Dessert: Straw. Shortcake, Ice Cream or Bread Pudding. Salad, tea, coffee, & soft drink included.

Bring gift cards to donate to Bolton Health Committee.

Hanukkah begins @ sunset.

5th-BUSINESS MEETING @ SCC @ 10:15 am. Speaker from GF Hosp. Topic: Alzheimer's & other forms of cognitive difficulties! Lunch @ Meal Site.

8th- (Sat) “How the Grinch Stole Christmas” @ Proctors. Bolton Rec. trip.

9th- (Sun) Bus to Rock. Ctr., (Fireman's Aux.) NYC. Cost is \$50. Once there, you're on your own for lunch etc. (2hrs.).

11th- (Tues.) RACINO

12th- BOWLING @ LG. Time TBD @ the Dec. meeting. Lunch @ Café Vero.

18th-(Tues.) MOVIE, Lunch @ 99.

21st- (Fri) First Day of WINTER!

25TH (Tues.) Merry Christmas!

JANUARY

Mich. Rummy: 1/3, 10, 17, 24 &31. Mahjongg: 1/4, 11, 18, & 25.

2nd – BUSINESS MEETING @ SCC @ 10:15 am. Lunch @ Meal Site.

8th- (Tues.) RACINO

9th- BOWLING @ LG, lunch @ Old Log Inn. Time TBD.

15th-(Tues.) MOVIE, lunch @ 99.

16th- BINGO @ the SCC @ 10am. Bring donations.

21st- Martin Luther King Jr. Day (celebrated).

23rd- BOWLING @ LG, lunch @ Golden Corral. Time TBD.

30th- TRIVIA @ SCC @ 10am. Bring \$1.

FEBRUARY

Mich. Rummy: 2/7, 14, 21, 28. Mahjonn : 2/1, 8, 15, 22.

6th-BUSINESS MEETING @ SCC @ 10:15 am. Lunch @ Meal Site.

12th- (Tues.)- RACINO

13th-BOWLING @ LG, lunch @ Bogey's. Time TBD.

19th- (Tues.)- MOVIE, lunch @ 99.

20th- BINGO @ SCC @ 10 am.

27th- BOWLING @ LG, lunch @ Biscotti Bros. Time TBD.

HOCKEY returned to the Glens Falls Convention Center/car pool/\$12. Call John.

Dates listed above are Wednesdays unless specifically listed otherwise.

The costs, if shown, are for Bolton Seniors. All trips are 1st come, 1st served & sign ups start @ meetings. You must sign up & pay the cost of the trip prior to the event,* ie. Unless you have paid, your reservation is not valid!! *No refunds for bus trips unless you cancel more than 30 days in advance, due to the bus contract. Sign up early, some events have limited seating available. Please be considerate! *"No shows" may be expected to pay when they prevent people on the wait list to attend or cost the treasury money!!! You're responsible to get a replacement if you cannot make a scheduled trip!!!*****

Co-pay for lunches at local activities varies and is determined where you go to eat. Bolton senior residents (tax payers), 50 years of age or older are eligible to attend activities & meetings. Others may participate @ the reg. price.

Note: If you are going on a trip and you have an allergy or ANY medical condition that requires medication, equipment, bandages, etc., please make sure you bring it with you!! 911 will be called in emergency but, people have had to rent a car to get home if on a bus. Make sure we have your Emergency Contact!!

SUGGESTIONS for speakers at future meetings...

Any other suggestions can be made to Beverly Cabibbo @ x-9424.

Note: AARP defensive driver course info available on their web site. Sign up with

JOHN if interested in a class @ the SCC. He is looking for an instructor. Also, check Queensbury & Glens Falls Seniors as they have the class often.

******SUPPORT OUR TROOPS******

***** Sgt' Rob Mcavoy continues his work with the program "YOU ARE NOT ALONE" The "SURVIVAL KITS" mean so much to our military men and women while they are away from home. Monetary donations are also welcome to pay for the parcel postage. URGENT NEED FOR: Candy (no chocolate) ,crackers, gum,cookies, trail mix, pop tarts, granola bars, beef jerky, coffee, tea, drink mixes, nuts, cheezits, popcorn, cards, puzzle books, small games, cup a soup, & toilet paper!**

They are still okay with soaps, shampoos,etc. but there is still a need for the above items.***

Jeff Vermette directs the ADIRONDACK VETERANS HOME (26 Pine St., Glens Falls,NY) with a lot of hard work. He helps the veterans transition from the military life to starting new life on their own back home. NO CLOTHING (men & women) until futher notice!*, HOUSE HOLD items, FOOD & PAPER products. You may DROP off your donated items during the Business Meeting (first Wed. of the mo.) .**

T H A N K Y O U everyone for your continued support. **Please read some beautiful "thank yous" posted @ the SCC.**

***** Sgt. Jack Reilly's (local) address is Unit 3=C APO A-C 09354. Cards, letters or goodies would be nice especially now that he is deployed to Africa.**

SUNSHINE

GET WELL –, Gail Barlow, Rudy DeLotto (Grace Park,1170 W Main St., Stroudsburg, PA18360), Janet Reilly 11951 Grandhaven Dr., Rm. 108, Murrells Inlet, SC 29576, Marie Sauerwald c/o John ,jpsauerwald@ comcast.net, Address: Independence Village, Apt. 34, Brighton, MI 48116. ,Mariana Jordan, Wilma Rizzi , Heidi Schweiger (at home) 92-40 Queens Blvd. Apt 5J, Rego Park, NY 11374, Kathie Hannon, Rod Owens, Steve Martyniak & Barbara Shipman . Jasper Zarcone is recovering well after hip replacement surgery.

THINKING of YOU: Marie Dagles, Ed Pratt, Alice Coon, Terry Jones.

[addresses available if you wish to send a card .]

LET US KNOW how you all are doing, & if you wish to be removed from the list or if someone you know should be added!

HAPPY BIRTHDAY to: Bob Martin, Ruth Mumblo, Chris Savage, Jennifer Scheiber & Heidi Schweiger.

HAPPY ANNIVERSARY to: Rita & Tom Whitney, Ida & Milo Barlow, Heny & Steve Martyniak

SYMPATHY to:

CONGRATULATIONS to:

WELCOME NEW MEMBERS: Doris Schweickert

THANK YOU to:

John Consaga has compiled a list of prospective members. Send suggested names to John.

PASS ON THE NEWSLETTER to those who may be interested.

EMERGENCY INFO...

See VialofLife.com to get the form to post medical info in your home so that emergency personnel can administer proper medical treatment, if you need to call 911. Make sure your house # is properly displayed for emergency vehicles! A flashing light will be issued by the Town of Bolton for each residence to aid emergency personnel to locate your house. NOW AVAILABLE TO ALL ON TAX ROLL! Stickers + are available for your car as well.

OFFICE for the AGING (OFA)

The OFA is @ 1340 RT. 9, LG, NY 12845. They can be reached @ (518) 761-6347. The OFA monthly newsletter is available @ the meal site or check the SCC and also online @ <http://warrencountyny.gov/ofa/meals.php> Also, can be emailed to you- please call Kayla @ 824-8824.

For a Home Repair Loan, Health Calendar, Ride to a medical Appt. Call the Director at the OFA! 518 761- 6347*** Location-1340 St. Rt. 9, Lk. George, NY

NY Health Access nysaccess.org

STAR Tax Rebate- no age limit, voter reg. card or driver license must be presented!

GRIEF SUPPORT GR.-- Call 743-1672.

Erika Walker -Community Health Advocate. Questions re: Health Ins. can be directed to her. Call (518) 761-0300,x-31252 or ewalker@medserv.net

ALZHEIMS- HELPLINE. 1.800.272.3900-24 hrs./7 days a wk.

Transportation is available for seniors within a twenty five mile radius of Glens Falls for numerous conditions. For pick-up to appointments, etc, call one week ahead of time. Call 518-793-RIDE or email www.glensfallshome.com. Donations accepted.

The Conkling Center, Glens Falls also provides transportation services within a 25 mile radius for seniors in need. They may be reached for further information at 793-1494 or www.TheConklingCenter.org.

VOLUNTEERS are also needed for driving seniors to health centers, etc. Any volunteering is welcomed!!!*** Call the OFA to apply.

*** If You Live Alone & would like a free brochure re: a medical alert monitoring

system, call CVS/pharmacy @ 1-800-800-0414, Life Alert @ 1-800-410-0089, Lifewatch USA @ 800-480-9921, *** Walmart now has a 911 calling device for under \$50 (no contract) & less than \$15 per mo.***

If you know of any town resident in need, please contact a member of the BOLTON HEALTH COMMITTEE.

The BOLTON CHAMBER...

Bolton Chamber of Commerce, Inc. PO Box 368, BL ,NY 12814

PLEASE FREQUENT THE BOLTON MEAL SITE! Monthly menus are posted at the SSC and Town Hall. Call Ruth x-2368 by 9am on the day you wish to attend, except when attending on meeting days, she needs more notice to prepare for the added requests. ***** Special diets will be accommodated just let her know when you call!!!*****

A Free Blood Pressure Screening is provided at the Meal Site on the 1st Wed. of the month, 11:30 to 12:30. Donations to support the Bolton Meal Site can be made @ SCC or @ the Meal Site.

REMINDERS:

If you're traveling out of the USA (even on a cruise), check with your health ins. provider. You may need additional coverage.

Contact Al (x-2033 or cell-973-479-7578-winter) or Kathy Zarcone at 668-2529 with any change of address or emergency #s.

The phone @ the SCC is on the pay per call basis. Emergencies only, please!

Please CLEAN UP after yourselves when using the SCC!!! Also, wipe your feet!

PLEASE SHARE THIS NEWSLETTER WITH FRIENDS- ESP. THOSE WITHOUT EMAIL! Posting it in the Library & Town Hall has been useful for new & old members.

OTHER ACTIVITIES at the Bolton Senior Citizens Center (SCC)...

Monday- 10:30AM-3PM- Bridge Club – Contacts- Charlie Richards (x-2492) or Sally Defty (x-9641).*** Not currently Meeting !***

***Tuesday- Mah Jongg-??? Contact is Sue Heusner, H 668-9693, C 376-5226.

***Thursday-Michigan Rummy @ 11:30 am - Contact Pat Cushing (x-2920) or Alice Coon.

Thursday Evening-Once a month- Book Club, Anita Richards (x-2492) – Sept. 7 until Spring.

***Friday- Mah Jongg @ 11:30- Contact is Kathie Hannon (x-2251). Bring a bag lunch.

If you use the SCC, you are responsible for leaving it in a clean “as found” condition. Please make a final check!!! If anything is out of order, please contact an officer of Bolton Seniors. Make sure all appliances are off, lights out, etc.

