



IMPORTANT INFORMATION ABOUT LEAD IN YOUR DRINKING WATER

Bolton Water District found elevated levels of lead in drinking water in some homes/buildings. Lead can cause serious health problems, especially for pregnant women and children 6 years and younger. Please read this notice closely to see what you can do to reduce lead in your drinking water.

This notice is brought to you by Bolton Water District
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Health Effects of Lead

Lead can cause serious health problems if too much enters your body from drinking water or other sources. It can cause damage to the brain and kidneys and can interfere with the production of red blood cells that carry oxygen to all parts of your body. The greatest risk of lead exposure is to infants, young children, and pregnant women. Scientists have linked the effects of lead on the brain with lowered IQ in children. Adults with kidney problems and high blood pressure can be affected by low levels of lead more than healthy adults. Lead is stored in the bones and it can be released later in life. During pregnancy, the child receives lead from the mother's bones, which may affect brain development.

Sources of Lead

Lead is a common metal found in the environment. Drinking water is one possible source of lead exposure. The primary source of lead exposure for most children is lead-based paint. Other sources of lead exposure include lead-contaminated dust or soil, and some plumbing materials. In addition, lead can be found in a number of consumer products, including certain types of pottery, pewter, brass fixtures, food, and cosmetics. Other sources include exposure in the work place (jobs that include house painting, plumbing, renovation, construction, auto repair, welding, electronics repair, jewelry or pottery repair) and exposure from certain hobbies (such as stained glass or pottery, fishing, making or shooting firearms and collecting lead or pewter figurines), as lead can be carried on clothing and shoes. Children's hands or their toys can come into contact with lead in paint, dust and soil. Therefore, washing children's hands and their toys will help reduce the potential for lead exposure from these sources.

Plumbing materials, including pipes, new brass faucets, fittings, and valves, including those advertised as "lead-free," may contribute lead to drinking water. The law currently allows pipes, fittings, and fixtures with up to 0.25 percent weighted average of lead to be identified as "lead-free."

Although we are awaiting results of source water lead tests, it is unlikely that our source, Edgecomb Pond, contains lead. When water is in contact with pipes or plumbing that contains lead for several hours, the lead may enter drinking water.

Steps You Can Take To Reduce Your Exposure To Lead In Your Water

1. **Run your water to flush out lead.** Run water for 15-30 seconds [or insert a different flushing time if your system has representative data indicating a different flushing time would better reduce lead exposure in your community. The State must approve the wording] or until it becomes cold or reaches a steady temperature before using it for drinking or cooking, if it hasn't been used for several hours. This flushes lead-containing water from the pipes.
2. **Use cold water for cooking and preparing baby formula.** Do not cook with or drink water from the hot water tap; lead dissolves more easily into hot water. Do not use water from the hot water tap to make baby formula.
3. **Do not boil water to remove lead.** Boiling water will not reduce lead.
4. **Replace your plumbing fixtures if they are found to contain lead.** Plumbing materials including brass faucets, fittings, and valves, including those advertised as "lead-free," may contribute lead to drinking water. The law previously allowed end-use brass fixtures, such as faucets, with up to 8 percent lead to be labeled as "lead free." As of January 4, 2014, end-use brass fixtures, such as faucets, fittings and valves, must meet the new "lead-free" definition of having no more than 0.25 percent lead on a weighted average. Visit the National Sanitation Foundation website at: http://www.nsf.org/newsroom_pdf/Lead_free_certification_marks.pdf to learn more about lead-containing plumbing fixtures and how to identify lead-free certification marks on new fixtures.
5. **Use bottled water or use a water filter.** If your home is served by a lead service line, and/or if lead containing plumbing materials are found to be in your home, you may want to consider purchasing bottled water or a water filter. Read the package to be sure the filter is approved to reduce lead or contact NSF International at 800-NSF-8010 or visit <http://www.nsf.org/consumer-resources/what-is-nsf-certification/faucets-plumbing-certification/lead-older-homes>, for a consumer guide of approved water filters. Be sure to maintain and replace a filter device in accordance with the manufacturer's instructions to protect water quality. Any measure you take to reduce your exposure to lead should be continued until the lead source(s) has been minimized or eliminated.

Should you test your water for lead?

If lead-containing plumbing materials are identified in your home, you may want to consider testing your water for lead to determine how much lead is in your drinking water. Call us at (518) 644-2444 to find out how to get your water tested for lead. JH Consulting Group, Inc. is the certified lab for the Town of Bolton and they can be reached at (518) 785-9839. You may also contact the New York State Department of Health at freewatertesting@health.ny.gov to request a free drinking water lead test kit. Information on how to request this kit is available from the New York State Department of Health at:

https://www.health.ny.gov/environmental/water/drinking/lead/free_lead_testing_pilot_program.htm

Should your child be tested for lead?

New York Public Health Law requires primary health care providers to screen each child for blood lead levels at one and two years of age as part of routine well-child care. In addition, at each routine well-child visit, or at least annually if a child has not had routine well-child visits, primary health care providers assess each child who is at least six-months of age, but under six years of age, for

high lead exposure. Each child found to be at risk for high lead exposure is screened or referred for lead screening.

If your child has not had routine well-child visits (since the age of one year) and you are concerned about lead exposure to your child, contact your local health department or healthcare provider to find out how you can get your child tested for lead.

What Happened? What is Being Done?

Elevated levels of lead were found in our drinking water following routine testing conducted in June of 2018. We are required to monitor for lead once every three years because our water system has routinely found low lead levels. During the 2018 sampling round, the 90th percentile for lead was 49 ug/l, which is above the 15 ug/l action level.

The Bolton Water District has been using corrosion control treatment for many years. We have been using soda ash for pH adjustment and a blended phosphate for corrosion control treatment for thirteen years. This combination of corrosion control treatment has worked well for us. In 2015, the 90th percentile for lead was 1 ug/l. Similarly, lead results from the 2012 sampling round were 1 ug/l. We will review our water quality parameters and drinking water data with our consultant as well as the Department of Health to determine if we can optimize our existing treatment processes or if we need to research alternate corrosion control treatment methods.

For More Information

Call us at (518) 644-2444. For more information on lead in drinking water, contact your local health department at Glens Falls Health Department, (518) 793-3893 and/or kristine.wheeler@health.ny.gov, or the New York State Department of Health directly by calling the toll-free number (within New York State) 1 800-458-1158, extension 27650, or out of state at (518) 402-7650, or by email at bpwsp@health.state.ny.us. For more information on reducing lead exposure around your home/building and the health effects of lead, visit EPA's Web site at www.epa.gov/lead, or call the National Lead Information Center at 1-800-424-LEAD.