

BOLTON SENIORS

P.O. Box 424 / 12 Cross Street, Bolton Landing, NY 12814

(518) 644-3340 – Meetings: 1st Wednesday, 10:15 am

MARCH, 2020 Newsletter – Volume 14, Issue 5

President- Beverly Cabibbo, (518) 644-9424, (C) 908-347-0369, cabib5@gmail.com

Vice Pres.- John Consaga, (518) 240-6000' © (518) 378-7262

Treas.- Anne Marie Bell, (518) 644-3051, bellpoint54@aol.com

Secretary- Rita Whitney, (C) 518-338-6858, rrwhit@gmail.co

Trustees- Lois Kyle, 3 years; Maureen Mihalics, 2 yrs; Jasper Zarcone, 1 yr.

*****Michigan Rummy & Mahjongg every Thurs. & Fri.*****

*****LaBlast ... Canceled due to injury!**

MARCH 2020

3rd- Super Tuesday

4th- Business Meeting @ SCC @ 10am. Lunch @ Meal Site.

5th-(Th)- Mich. Rummy @ SCC @ 11:30 am.

6th- (Fri.)-Mahjongg @ SCC @ 11:30am.

8th-(Sun.)- Daylight Savings Time begins!

8th-(Sun)- Maple Festival and Pancake Breakfast, Up Yonda Farm @ 9 am to 4 pm. Plus demo @ Sugar House, samples and products to purchase. Reservations required 518-644-9767. \$7 non members, \$5 members. Snr. Coupons available online!

10th- (Tues.)- RACINO

11th- BOWLING @ LG @ 10am. Lunch @ O'Toole's

12th- (Th)- Mich. Rummy @ SCC @ 11:30am.

13th-(Fri.)- Mahjongg @ SCC @ 11:30am.

14-15th-Weekend- Thurman Maple Days (Google for info.) Also March 21-23 and 30-31 weekends

17th-(Tues.)- MOVIE, Lunch @ 99. Happy St. Patrick's Day!

18th- BINGO @ SCC @ 10am.

19th- (Th.)- Mich. Rummy @ SCC @ 11:30am.

20th- (Fri.)- Mahjongg @ SCC @ 11:30am. First Day of SPRING!

23rd-(Mon.)- BUNCO @ SCC @ 11:30am. Bring your own bag lunch!

25th- BOWLING @ LG @ 10am. Lunch @ XII Sports*

26th- (Th.)- Mich. Rummy @ SCC @ 11:30 am.

27th-(Fri.)- Mahjongg @ 11:30am @ SCC.

- Change

APRIL

1st- Business Meeting @ SCC @ 10am. Lunch @ Meal Site. John is in the process of

arranging a possible speaker, i.e. a woman from Warrensburg that will give a presentation on her trip to Africa!

- 2nd-(Th) Mich. Rummy @ SCC @ 11:30am.
- 3rd- (Fri.) Mahjongg @ SCC @ 11:30am.
- 8th- Bowling @ LG @ 10am. Lunch @99.
- 9th- (Th) NO Mich. Rummy! (Passover)
- 10th-(Fri) NO Mahjongg! (Gd. Fri.)
- 12th- Easter Sunday!
- 13th- Easter Monday
- 14th-(Tues) RACINO
- 15th- BINGO @ SCC @ 10am. Lunch TBD
- 16th- (Th) Mich. Rummy @ SCC@ 11:30am.
- 17th-(Fri) Mahjongg @SCC@11:30am.
- 21st- (Tues.) MOVIE , Lunch @ 99.
- 22nd- BOWLING @ LG @ 10am. Lunch @ Bogie's.
- 23rd- (Th) Mich. Rum. @ SCC @ 11:30 am.
- 24th- (Fri) Mahjongg @ SCC @ 11;30 am.
- 27th- (Mon.) BUNCO @ SCC @ 11:30 am. Bag Lunch!
- 29th- TRIVIA @ SCC @ 10 am. Bring \$1 to play. Lunch TBD

Dates listed above are Wednesdays unless specifically listed otherwise.

The costs, if shown, are for Bolton Seniors. All trips are 1st come, 1st served & sign ups start @ meetings. You must sign up & pay the cost of the trip prior to the event,* ie. Unless you have paid, your reservation is not valid!! *No refunds for bus trips unless you cancel more than 30 days in advance, due to the bus contract. Sign up early, some events have limited seating available. Please be considerate! *"No shows" may be expected to pay when they prevent people on the wait list to attend or cost the treasury money!!! You're responsible to get a replacement if you cannot make a scheduled trip!!!*****

Co-pay for lunches at local activities varies and is determined where you go to eat. Bolton senior residents (tax payers), 50 years of age or older are eligible to attend activities & meetings. Others may participate @ the reg. price.

Note: If you are going on a trip and you have an allergy or ANY medical condition that requires medication, equipment, bandages, etc., please make sure you bring it with you!! 911 will be called in emergency but, people have had to rent a car to get home if on a bus. Make sure we have your Emergency Contact!!

SUGGESTIONS for speakers at future meetings...
Any other suggestions can be made to Beverly Cabibbo @ x-9424.

Note: AARP defensive driver course info available on their web site. Sign up with JOHN if interested in a class @ the SCC. He is looking for an instructor. Also, check Queensbury & Glens Falls Seniors as they have the class often.

***** SEE MARCH Q-sbury Newsletter!...class listed in Q-sbury! *****

******SUPPORT OUR TROOPS******

***** Sgt' Rob McAvoy continues his work with the program "YOU ARE NOT ALONE" The "SURVIVAL KITS" mean so much to our military men and women while they are away from home. Monetary donations are also welcome to pay for the parcel postage. URGENT NEED FOR: Candy (CHOCOLATE only in winter!) ,crackers, gum, cookies, trail mix, pop tarts, granola bars, beef jerky, coffee, tea, drink mixes, nuts, cheezits, popcorn, cards, puzzle books, small games, cup a soup, & toilet paper!**

They are still okay with soaps, shampoos, etc. but there is still a need for the above items.***

A nice "Thank You " was received from Rob for all the generous donations!

Jeff Vermette directs the ADIRONDACK VETERANS HOME (26 Pine St., Glens Falls ,NY) with a lot of hard work. He helps the veterans transition from the military life to starting new life on their own back home. NO CLOTHING (men & women) until futher notice!*, HOUSE HOLD items, FOOD & PAPER products. You may DROP off your donated items during the Business Meeting (first Wed. of the mo.) .**

T H A N K Y O U everyone for your continued support. **Please read some beautiful "thank yous" posted @ the SCC.**

***** Sgt. Jack Reilly's (local) address is Unit 3=C APO A-C 09354. Cards, letters or goodies would be nice especially now that he is deployed to Africa.**

SUNSHINE

GET WELL –Gail Barlow, Mary Bear, Beverly Cabibbo, John Consaga, Rudy DeLotto (Grace Park,1170 W Main St., Stroudsburg, PA18360), Heidi Schweiger (at home) 92-40 Queens Blvd. Apt 5J, Rego Park, NY 11374, Kathie Hannon, Pat Van Valkenburgh, Fred Lethbridge, Helen Boivin, the Jones Family , Ed Sheridan & Barbara Shipman [addresses available if you wish to send a card.]

LET US KNOW how you all are doing, & if you wish to be removed from the list or if someone you know should be added.

HAPPY BIRTHDAY to: Terry Jones, Wilma Rizzi, Jasper Zarccone, Val Worobey, Pat Weber, Ed Pratt, Howard Levy & Al Franz!

THINKING of YOU: Bob & Pat Merchant, Marie Dagles

HAPPY ANNIVERSARY to: None

SYMPATHY to: all who are suffering the loss of a loved one!

CONGRATULATIONS to: Ed Sheridan – A plaque will be erected in the Spring @ Amy's Park dedicated to Ed. The plaque reads "Ed's Red Stripe Trail". Ed has been a long time steward of Amy's Park Trails.

WELCOME NEW MEMBERS:

THANK YOU to: all for their generous monetary donations for the Veterans !

John Consaga has compiled a list of prospective members. Send suggested names to John.

PASS ON THE NEWSLETTER to those who may be interested.

EMERGENCY INFO...

See VialofLife.com to get the form to post medical info in your home so that emergency personnel can administer proper medical treatment, if you need to call 911. Make sure your house # is properly displayed for emergency vehicles! A flashing light will be issued by the Town of Bolton for each residence to aid emergency personnel to locate your house. NOW AVAILABLE TO ALL ON TAX ROLL! Stickers + are available for your car as well.

OFFICE for the AGING (OFA)

The OFA is @ 1340 RT. 9, LG, NY 12845. They can be reached @ (518) 761-6347. The OFA monthly newsletter is available @ the meal site or check the SCC and also online @ <http://warrencountyny.gov/ofa/meals.php> Also, can be emailed to you- please call Kayla @ 824-8824.

For a Home Repair Loan, Health Calendar, Ride to a medical Appt. Call the Director at the OFA! 518 761- 6347*** Location-1340 St. Rt. 9, Lk. George, NY

NY Health Access nysaccess.org

STAR Tax Rebate- no age limit, voter reg. card or driver license must be presented!

GRIEF SUPPORT GR.-- Call 743-1672.

Erika Walker -Community Health Advocate. Questions re: Health Ins. can be directed to her. Call (518) 761-0300,x-31252 or ewalker@medserv.net

ALZHEIMS- HELPLINE. 1.800.272.3900-24 hrs./7 days a wk.

Transportation is available for seniors within a twenty five mile radius of Glens Falls for numerous conditions. For pick-up to appointments, etc, call one week ahead of time. Call 518-793-RIDE or email www.glensfallshome.com. Donations accepted.

The Conkling Center, Glens Falls also provides transportation services within a 25 mile radius for seniors in need. They may be reached for further information at 793-1494 or www.TheConklingCenter.org.

VOLUNTEERS are also needed for driving seniors to health centers, etc. Any volunteering is welcomed!!!*** Call the OFA to apply.

***Their newsletter is posted on the bulletin Bd. @ the SCC; it contains several interesting programs. ***

*** If You Live Alone & would like a free brochure re: a medical alert monitoring system, call CVS/pharmacy @ 1-800-800-0414, Life Alert @ 1-800-410-0089, Lifewatch USA @ 800-480-9921, *** Walmart now has a 911 calling device for under \$50 (no contract) & less than \$15 per mo.***

If you know of any town resident in need, please contact a member of the BOLTON HEALTH COMMITTEE.

The BOLTON CHAMBER...

Bolton Chamber of Commerce, Inc. PO Box 368, BL ,NY 12814

PLEASE FREQUENT THE BOLTON MEAL SITE! Monthly menus are posted at the SSC and Town Hall. Call Ruth x-2368 by 9am on the day you wish to attend, except when attending on meeting days, she needs more notice to prepare for the added requests. ***** Special diets will be accommodated just let her know when you call!!!*****
A Free Blood Pressure Screening is provided at the Meal Site on the 1st Wed. of the month, 11:30 to 12:30. Donations to support the Bolton Meal Site can be made @ SCC or @ the Meal Site.

REMINDERS:

If you're traveling out of the USA (even on a cruise), check with your health ins. provider. You may need additional coverage.

Contact Al (x-2033 or cell-973-479-7578-winter) or Kathy Zarcone at 668-2529 with any change of address or emergency #s.

The phone @ the SCC is on the pay per call basis. Emergencies only, please!
Please CLEAN UP after yourselves when using the SCC!!! Also, wipe your feet!

PLEASE SHARE THIS NEWSLETTER WITH FRIENDS- ESP. THOSE WITHOUT EMAIL! Posting it in the Library & Town Hall has been useful for new & old members.

OTHER ACTIVITIES at the Bolton Senior Citizens Center (SCC)...

***Tuesday- Mahjongg-??? Contact is Sue Heusner, H 668-9693, C 376-5226.

Thursday-Michigan Rummy @ 11:30 am - Contact Pat Cushing (x-2920) or Alice Coon...no cards during July & August!

Thursday Evening-Once a month- Book Club, Anita Richards (x-2492) – Sept. 7 until Spring.

***Friday- Mahjongg @ 11:30- Contact is Kathie Hannon (x-2251). Bring a bag lunch.

NO Mahjongg during July & August!***

If you use the SCC, you are responsible for leaving it in a clean “as found” condition. Please make a final check!!! If anything is out of order, please contact an

officer of Bolton Seniors. Make sure all appliances are off, lights out, etc.